



Dr. Ruben Saucedo Lumbreras

Specialties

Internal Medicine, Pulmonary Disease Medicine

Dr. Saucedo is Board Certified in internal medicine and pulmonary disease medicine and has specialized in the care of critically ill patients in the intensive care setting over the past 16 years. He also has a special interest in the outpatient management of cough, asthma and chronic obstructive pulmonary disease. Dr. Saucedo attended medical school at the UAT in Matamoros and completed his residency in Internal Medicine at the Hospital General in Victoria. He specialized in Pulmonary Care medicine at the Instituto Nacional de Enfermedades Respiratorias in Mexico City. Dr. Saucedo has expertise in the management of complex airway problems and regularly performs respiratory function tests in an ambulatory setting. Dr. Saucedo has added qualifications in palliative care. His goal for terminally-ill patients is to enable them to continue an alert, pain-free life and to manage other symptoms so that their last days may be spent with dignity and quality, surrounded by their loved ones. Dr. Saucedo is an associate professor at the UAT School of Medicine, is an active member of the Sociedad Mexicana de Pulmonología y Cirugía de Torax, is involved in clinical research for new asthma medications, has several publications in pulmonology journals and has been involved in creating National Guidelines for the treatment of COPD and Pneumonia. Dr. Saucedo enjoys reading literature and writing and reciting poetry.