



**Dr. Ruben Garcia**

Specialties

*Internal Medicine*

Board Certified in Internal Medicine, Dr. Ruben Garcia has been in private practice in the Matamoros for over 9 years. He completed medical school at the UAT in Matamoros and his residency in Internal Medicine at Hospital Pumarejo. During his residency he completed 2 rotations in cardiology, one at Hospital Universitario in Monterrey and a second at Hospital Juarez in Mexico City. Dr. Garcia treats adult patients with diabetes, hypertension and metabolic syndrome. His primary focus is directing the clinical examinations and tests to make an accurate diagnosis (identifying the cause of the problem) and then discussing the recommended treatment plans at length with his patients. Dr. Garcia performs ambulatory 24 hour holter electrocardiograms to diagnose heart arrhythmias and sleep apnea. He also performs pre-surgical work-ups to assess and help manage risks associated with surgery. Dr. Garcia has significant critical care and emergency medicine experience, is ACLS certified (Advanced Cardiac Life Support) and is on staff at Centro Medico Internacional Emergency Department.