



Dr. Carlos de la Garza

Specialties

Surgery, Colon & Rectal

Endoscopy, Colonoscopy, GI Motility

Dr. Carlos de la Garza is a board certified general surgeon that has been in private practice for 16 years. He attended medical school at the UAT School of Medicine in Matamoros and completed his residency in general surgery at the Hospital #25, Centro Medico Noreste in Monterrey. Dr. de la Garza completed additional training in advanced endoscopy/intestinal motility at the Hospital Clinique in Barcelona, Spain and research fellowship training in colon and rectal physiology at the Cleveland Clinic in Weston Florida under the tutelage of Dr. Steven Wexner. He has served as an emergency room surgeon, chief of surgery, chief of digestive endoscopy and currently serves as the medical sub-director for the Hospital Pumarejo. Dr. de la Garza has taught surgical technique at the UAT School of Medicine for the last 5 years and has been training residents at the Hospital General over a decade. Dr. de la Garza's Gastrointestinal Motility Laboratory offers upper GI endoscopy, esophageal manometry testing, 24 hour Impedance PH testing, and anorectal sphincter function testing for incontinence and chronic constipation.